

A Place for Healing

Vibrational Medicine

Rating Food for Dogs and Cats

<u>What Nature Intended</u> <u>Wild Food</u>	<u>How to Feed</u>	<u>Source</u>	<u>Characteristics</u>	
THE BEST YOU CAN DO: RAW! Balanced fresh food made by you, or pre-packaged raw food diet	Dogs: 2/3 raw meat/bones 1/3 vegetables (no grain) Cats: ¾ raw meat/bones ¼ vegetables (no grain) (go to www.Barfworld.com to learn more)	Hunting and foraging NW Naturals Wild Kitty Aunt Jeni's Granddad's Three Cheers Honest Kitchen A Place for Paws Nature's Menu Natures Variety Bravo Raw Diet Raw Advantage Animal Food Service Steve's Real Food Primal Pet Foods Urban Carnivore Stella and Chewey's	Study wild animals to learn best diet for domesticated species Ecological Inexpensive if home-made Yummy Easy Freezable Healthy	
Not a Bad Compromise: "Health food" brands	Follow the manufacturer's recommendations for amounts We recommend feeding healthy dogs and cats free choice until 6 mo. Of age, twice a day until adults and then once a day for maintenance	Acana Instinct Great Life Nutrisource Precise Addiction Wysong Evengers Promise Natures Logic Newman's Merrick Flint River California Naturals	Canidae GO! Felidae Fromm's Eagle Pack Pinnacle Innova Evolve Pet Guard Mulligan Stew Spots Stew Organix Solid Gold	Few or no preservatives Few or no by-products Dates on the bags Cold-extrusion pelleting Disease prevention design
Best to Avoid: "Upscale" brands	Follow the manufactures recommendations	Natural Balance Avoderm Gaines Kal-Kan Ken-L-Ration Little Friskies Science Diet Natural Balance	Alpo Fancy Feast Kasco Kirkland Purina Hills 9 Lives	Not very digestible Additives, preservatives Chemicals, carcinogens No date on the bags Addictive flavorings added
Avoid At All Costs: Generic brands Soft-moist Gourmet cans Treats		Tender Vittles Kibbles & Chunks Pounce, Crave Snausages Happy Cat Mighty Dog Super America	Safeway Wal-Mart Frontier Jerky Sticks Gaines Burgers Holliday's	Ultra cheap ingredients Irregular batch cooking Products are not tested No reputation to lose Fake plastic junk food Addictive & deadly Rots teeth and intestines
We Warned You! Poorly balanced, randomly-offered, unhealthy people food		Cooked rib, steak, chicken or chop bones Anything micro waved Excess meat and fat Ice cream, candy, sugar White flour products		Cause of obesity Creates picky eaters Behavior problems Diabetes Allergies Shedding and dandruff Ear infections

