


A Place for Healing

Vibrational Medicine for Animals and People


Rating Food for Dogs and Cats


<u>What Nature Intended</u>	<u>How to Feed</u>	<u>Source</u>	<u>Characteristics</u>	
Wild Food	See the "What to Feed your Cat/Dog" handouts	Hunting and foraging 	Study wild animals to learn best diet for domesticated species	
The best <u>you</u> can do: Raw! Balanced fresh food made by you, or pre-packaged raw food diet	Dogs: 2/3 raw meat/bones 1/3 vegetables (no grain) Cats: ¾ raw meat/bones ¼ vegetables (no grain) (go to www.Barfworld.com to learn more)	NW Naturals Rad Cat Weruva Three Cheers Amore Natures Variety Bravo Raw Diet Raw Advantage Steve's Real Food Stella & Chewey's K9 Natural Smallbatch	Nature's Menu Dave's Pet Food Instincts Barf World Nature's Own FarMore Sojos Vital Essentials Primal Pet Foods Mary's Tucker's	Ecological Inexpensive if home-made Yummy Easy Freezable Healthy
The next best thing: Raw freeze dried	Follow the manufacturer's recommendations	Dogs: K9 Natural Smallbatch Rawbble Vital Essentials Rawz Stella & Chewey's	Cats: Feline Natural Stella & Chewey's Primal NW Naturals Primal	
Not a bad compromise: "Health food" brands	Follow the manufacturer's recommendations for amounts	Acana Instinct Great Life Nutrisource Precise Addiction Wysong Evengers Nulo Natures Logic Newman's Merrick Flint River Ranch California Naturals Orijen	Canidae GO! Tiki Fromm's Eagle Pack Pinnacle Weruva/BFF Evolve Pet Guard Mulligan Stew Halo Organix Solid Gold Taste of the Wild	Few or no preservatives Few or no by-products Dates on the bags Cold-extrusion pelleting Disease prevention design

We'd rather you didn't flip the page, but if you must.....

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<p>Best to avoid:</p> <p>“Upscale” brands</p>	<p>If you must..... then follow the manufacturer’s recommendations</p>	<p>Natural Balance Avoderm Gaines Kal-Kan Ken-L-Ration Little Friskies Science Diet Natural Balance</p>	<p>Alpo Fancy Feast Kasco Kirkland Purina Hills 9 Lives</p>	<p>Not very digestible Additives, preservatives Chemicals, carcinogens No date on the bags Addictive flavorings added</p>
<p>Avoid at all costs:</p> <p>Generic brands Soft-moist Gourmet cans Treats</p>	<p>Don’t!</p>	<p>Tender Vittles Kibbles & Chunks Pounce, Crave Snausages Happy Cat Mighty Dog Super America</p>	<p>Safeway Wal-Mart Frontier Jerky Sticks Gaines Burgers Holliday’s</p>	<p>Ultra-cheap ingredients Irregular batch cooking Products are not tested No reputation to lose Fake plastic junk food Addictive & deadly Rots teeth and intestines</p>
<p>We warned you!</p> <p>Poorly balanced, randomly-offered, unhealthy people food</p>	<p>Don’t!</p> 	<p>Cooked rib, steak, chicken or chop bones Anything microwaved Excess meat and fat Ice cream, candy, sugar White flour products</p>		<p>Cause of obesity Creates picky eaters Behavior problems Diabetes Allergies Shedding and dandruff Ear infections Death</p>